Health and social services staff have been placed under exceptional stress by the COVID-19 pandemic, affecting their mental health and well-being.

Our webinar will explore self-help interventions and preventive measures for reducing psychological distress in crisis situations and how we can protect the mental health of frontline health professionals after the pandemic.

14.30 - 14.35 WELCOME & INTRODUCTIONS
Radost Zaharieva, Policy Coordinator for Health Inequalities, European Public Health Alliance
Marcin Rodzinka, Advocacy and Policy Officer, Mental Health Europe

14.35 - 14.42 ENSURING NGO STAFF MENTAL HEALTH PROTECTION FOR MITIGATING THE IMPACT OF COVID-19 ON HUMAN RIGHTS
Panos Douros, Psychologist & Livelihoods Officer, Human Rights 360 (Greece)

14.42 - 14.50 EFFECTIVE SOLUTIONS TO STAFF MENTAL HEALTH PROTECTIONS THROUGH INTERVENTIONS BEYOND THE HEALTH SECTOR
Helena Manrique, Mental Health Coordinator, Doctors of the World (Spain)

14.50 - 15.00 SUSTAINABLE HEALTH AND SAFETY POLICIES FOR PROTECTING SOCIAL AND MENTAL HEALTH STAFF WORKING WITH VULNERABLE GROUPS - PRACTICING WHAT WE PREACH
Stephen Finlayson, Head of Improvement and Innovation, Penumbra (UK)

15.00 - 15.07 HOW CAN WE PROTECT THE HEALTH OF FRONTLINE HEALTHCARE PROFESSIONALS AFTER THE PANDEMIC?
Paul de Raeve, General Secretary, European Federation of Nurses Associations

15.07 - 15.15 THE PSYCHOLGICAL BURDEN OF ROLE OF HEALTHCARE WORKERS FACING THE COVID-19 PANDEMIC. PROTECTION AND SOLUTIONS
Professor Elie Azoulay, Professor of Medicine, Speciality Pulmonary Medicine & Critical Care, European Society for Intensive Care Medicine


The European Public Health Alliance (EPHA) AISBL has received funding from the European Union, in the framework of the Health Programme. Sole responsibility for the content displayed within this document lies with EPHA and the Executive Agency is not responsible for any use that may be made of the information contained therein.

Organised with the support of Fondation Daniel & Nina Carasso.