



# WEBINAR

## STAFF MENTAL HEALTH PROTECTION IN PANDEMIC

27 MAY 2020 | 14.30 - 15.30

Health and social services staff have been placed under exceptional stress by the COVID-19 pandemic, affecting their mental health and well-being.

Our webinar will explore self-help interventions and preventive measures for reducing psychological distress in crisis situations and how we can protect the mental health of frontline health professionals after the pandemic.

### 14.30 - 14.35 WELCOME & INTRODUCTIONS

Radost Zaharieva, Policy Coordinator for Health Inequalities, European Public Health Alliance  
Marcin Rodzinka, Advocacy and Policy Officer, Mental Health Europe

### 14.35 - 14.42 ENSURING NGO STAFF MENTAL HEALTH PROTECTION FOR MITIGATING THE IMPACT OF COVID-19 ON HUMAN RIGHTS

Panos Douros, Psychologist & Livelihoods Officer, Human Rights 360 (Greece)

### 14.42 - 14.50 EFFECTIVE SOLUTIONS TO STAFF MENTAL HEALTH PROTECTIONS THROUGH INTERVENTIONS BEYOND THE HEALTH SECTOR

Helena Manrique, Mental Health Coordinator, Doctors of the World (Spain)

### 14.50 - 15.00 SUSTAINABLE HEALTH AND SAFETY POLICIES FOR PROTECTING SOCIAL AND MENTAL HEALTH STAFF WORKING WITH VULNERABLE GROUPS - PRACTICING WHAT WE PREACH

Stephen Finlayson, Head of Improvement and Innovation, Penumbra (UK)

### 15.00 - 15.07 HOW CAN WE PROTECT THE HEALTH OF FRONTLINE HEALTHCARE PROFESSIONALS AFTER THE PANDEMIC ?

Paul de Raeve, General Secretary, European Federation of Nurses Associations

### 15.07 - 15.15 THE PSYCHOLOGICAL BURDEN OF ROLE OF HEALTHCARE WORKERS FACING THE COVID-19 PANDEMIC. PROTECTION AND SOLUTIONS

Professor Elie Azoulay, Professor of Medicine, Speciality Pulmonary Medicine & Critical Care, European Society for Intensive Care Medicine

MORE INFORMATION: <https://bit.ly/3dKSYJG>



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