We are not prepared UNLESS we are all prepared!

EU Health Security Council to implement EFN Recommendations!!!!
• Ensure appropriate mechanisms for **psychological care of nurses** who are experiencing extreme anxiety and stress during the crisis as well as post factum to prevent and treat post-traumatic stress disorder.

• Foster the **co-creation and co-design with frontline nurses** of political decision-making processes concerning IDHC preparedness, protocols, training, and selection of appropriate materials.

• Work closely with the nursing profession to develop policies that project the nursing staff from unnecessarily difficult or **unsafe working conditions**, particularly when caring with COVID-19 patients.

• Commit to **preventing future outbreaks** from becoming epidemics by engaging frontline nursing in the design of policies/procedures and coordination. The EU needs to improve its capacity to prevent, protect against, detect, report and respond to public health emergencies.
WHO Year of the Nurse
Nursing Now!

DIR 2013/55/EU - COMPETENCIES (ART 31)

• To **independently** diagnose the nursing care - plan, organise and implement nursing care

• To work together effectively with other actors in the health sector

• To **empower individuals, families and groups** towards healthy lifestyles and self-care

• To **independently initiative life-preserving in crises and disaster situations**

• To independently give advice to, instruct and support persons needing care and their attachment figures;

• To independently assure quality of and to evaluate nursing care;

• To **comprehensively communicate** professionally and to cooperate with members of the other professions in the health sector;

• To analyse the care quality to improve the own professional practice as a general care nurse.