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September 2021

It is back to school time and EPA's food feed is back as well!

From September on it will land **every 2 months** in your mailbox bringing you a selection of highlights on food systems and health.

We are interested in your **comments & feedback**, please send them to tifenn.piolot-doco@epa.org.

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Food Systems & People's Health



Diet and Food Systems for Health, Climate and Planet

By the Health and Climate Network.

This briefing puts forward 5 climate and health recommendations to deliver a 'farm to mouth' ecosystem that supports both human and planet health and minimises damaging environmental impacts.

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The State of Food Security and Nutrition in the World (SOFI) 2021

By the FAO, IFAD, UNICEF, WFP and WHO.

This year's SOFI report brings together a vast body of evidence about the major drivers behind food insecurity and proposes systemic solutions.

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An agroecological Europe by 2050: What impact on land use, trade and global food security?

By IDDRI.

This study indicates that an agro-ecological transition in Europe cannot be achieved without policies to support a move to healthy and sustainable diets.

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Everyone at the table: Co-creating knowledge for food systems transformations

By the High-Level Expert Group (HLEG).

The HLEG explores needs and options for enhancing Science Policy Interfaces (SPIs) to underpin food systems changes.

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Our Food, our food system – what generation Z wants from a healthy food system

By EIT Food.

This report seeks to understand what young people want, need and expect from the food system.

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The Broken Plate 2021: The State of the Nation's Food System

By the Food Foundation.

This report provides insights into 10 vital signs of the health of our food system and how it impacts our lives.

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Commercial determinants



The 7 key messages of the alcohol industry

By the European Centre for Monitoring Alcohol Marketing.

This e-book displays the hidden messages of the alcohol industry's marketing and advertising strategies.

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How the Meat Industry is Climate-Washing its Polluting Business Model

By DeSmog.

This investigation unearths the strategy of the global meat industry to present itself as a climate solution.

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Big food and the World Health Organization: a qualitative study of industry attempts to influence global-level non-communicable disease policy

By Lauber et al. (2021), BMJ Global Health.

This study provides novel insights into how ultra-processed food industry actors shape global-level NCD policy.

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Assessing the healthiness of UK food companies' product portfolios using food sales and nutrient composition data

By Bandy et al. (2021), PloS one.

This study reveals that UK voluntary reformulation policies do not appear to have led to significant changes in the nutritional quality of foods.

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Food companies' commitments and practices on food environments and population nutrition in Belgium: a detailed assessment

By Vandevijvere et al. (2021), Sciensano.

This first assessment of Belgian food companies' commitments to improve nutritional portfolios shows bolder steps are needed.

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EU Food & Drink Policy



Sugars, Salt, Saturated Fat and Fibre Purchased through Packaged Food and Soft Drinks in Europe 2015–2018: Are We Making Progress?

By Moz-Christofolletti & Wollgast, JRC, European Commission (2021), Nutrients.

This study shows that the amounts of sugars, saturated fat, salt and fibre sold to Europeans is not improving enough to meet public health objectives.

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Study on the exposure of children to linear, non-linear and online marketing of foods high in fat, salt or sugar

A report for DG Health & Food Safety.

This report provides an analysis of current levels of exposure of children to the marketing of foods and non-alcoholic beverages high in fat, sugars and salt (HFSS) across European countries.

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Modelling environmental and climate ambition in the agricultural sector with the CAPRI model

By the Joint Research Center (JRC) of the European Commission

The JRC technical report presents the impact of the implementation of the CAP reform including the F2F and BDS strategies' targets.

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New #EUChooseSafeFood Campaign

By EFSA.

This campaign aims at helping citizens to make informed decisions about everyday food choices.

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Research Highlights

Taxing food consumption to reduce environmental impacts – Identification of synergies and goal conflicts

By Moberg et al. (2021), Food Policy.

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Small targeted dietary changes can yield substantial gains for human and environmental health

By Stylianou et al. (2021), Nature Food.

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Rising to the challenge: Introducing protocols to monitor food marketing to children from the World Health Organization Regional Office for Europe

By Tatlow-Golden et al. (2021), *Obesity Reviews*.

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The Promotion of Sustainable Diets in the Healthcare System and Implications for Health Professionals: A Scoping Review

By Alberdi & Begiristain-Zubillaga (2021), *Nutrients*.

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Toward Sociocultural Indicators of Sustainable Healthy Diets

By Nicholls & Drewnowski (2021), *Sustainability*.

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It's not as simple as something like sugar": values and conflict in the UK meat tax debate

By Simmonds & Vallgård (2021), *International Journal of Health Governance*.

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