Addressing mental health of Roma in North Macedonia

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Situation Regarding Mental Health in North Macedonia

- Discrepancies between the legislation and reality

- Annual visits for mental health facilities = NO data
Situation Regarding Mental Health of Roma in North Macedonia

- Mental health issues were never explored nor addressed among Roma

- Source: Research conducted by Johns Hopkins Bloomberg School of Public health and Association ESE in 2017
Building Capacity of Macedonian Roma Organizations and Communities to Promote Mental Health, by CESPYD

• Enabled us to understand the concept of non-medical approach to mental health
• We gained understanding of the determinants which influence mental health of Roma
• Enabled us to understand which approaches we could use in order to tackle the determinants which have negative impact on mental health of Roma
• Enabled us to understand the role of CSOs in the non-medical approach to mental health
Action Plans for Application of Non-medical Approach for Improvement of Mental Health of Roma

- Increased coverage of Roma children with pre-school education
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- Reducing barriers among Social services and Roma community in Shuto Orizari
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- Improved access to health services on primary level in the period of Covid-19 pandemic
Action Plans for Application of Non-medical Approach for Improvement of Mental Health of Roma

- Family planning and Education on parenting