



PATH

Interreg 
2 Seas Mers Zeeën
PATH
European Regional Development Fund

Perinatal Mental Health Conference

16 November 2022: 9:00 - 17:00 @ Kinepolis, Antwerp

Information and registration here:

<https://bit.ly/PATHconference>

Call for poster submission:

<https://bit.ly/PATHpostersubmission>

A day of networking, learning and poster presentations in the field of perinatal mental health. Guest speakers include **Candice De Windt, Dr. Alain Gregoire, Dr. Tatiana Salisbury** and **Dr. Lois McKellar**, as well as interactive sessions on 'parents thriving in the workplace' and 'the role of healthcare professionals in promoting perinatal mental health'

To learn more about PATH go to: path-perinatal.eu

Poster submission:

The PATH project group invites submissions for poster presentations at our PATH Final Conference. Authors can submit on topics complementary to the PATH project work and its objectives, such as:

- Good (clinical) practices on perinatal mental health
- Implementation of (digital/online/face-to-face) interventions and services in supporting and improving perinatal mental health
- Training of professionals on perinatal mental health
- Peer support initiatives
- Initiatives on prepared parenting
- Wellbeing and mental health of (future) parents on the workplace, including support of employers

Further information and the post submission form can be found here:

<https://bit.ly/PATHpostersubmission>

Presenters will be invited to present their poster/s during the networking session. A broad audience will be guided through the posters and discussion will be encouraged. Practical information and details about the poster presentation will be provided after acceptance of the abstract.

Guest speakers:

Dr. Tatiana Salisbury

"Looking after perinatal mental health in maternal and child health services"

Dr Tatiana Taylor Salisbury is a UK Research and Innovation Future Leaders Fellow, Deputy Director of the Centre for Global Mental Health, and Co-Director of the World Health Organization Collaborating Centre for Research and Training in Mental Health at King's College London. '



Dr Salisbury blends human-centred design, systems thinking and implementation science to actively engage communities in the development of scalable and sustainable solutions to positively transform their health, wealth, and relationships. Her fellowship focuses on improving mental health outcomes in Kenyan and Mozambican adolescents during pregnancy and the year after birth through co-design with local communities. Her other current work includes research into stigma and stigma reducing interventions and the development and evaluation of an electronic version of the WHO's Mental Health Gap Action Plan (mhGAP) intervention guide to improve detection and treatment of mental disorders by community health workers in Nepal and Nigeria.



Dr. Alain Gregoire

"The power of alliances in fostering change"

Dr Alain Gregoire has been a Consultant Specialist Perinatal Psychiatrist for 30 years, during which time he has set up and led multiple national award winning specialist perinatal mental health services.

He was founder and first President of UKIMS (UK and Ireland Marcé Society), developed the POEM (Perinatal Outcome and Experience Measure), and for 20 years has mapped UK perinatal services and MBUs.

He was a member of the NICE Guideline Development Group for Antenatal and Postnatal Mental Health, and has contributed extensively to the development of policy, strategy, guidance and clinical services in the area of parental and infant mental health in the UK and across the world.

He was the founder and is President of the UK Maternal Mental Health Alliance, a coalition of over 120 national organisations committed to improving maternal mental health care and outcomes for mothers and their infants, and which has successfully campaigned for government funding for perinatal mental health services across the UK. In 2016 he launched the Global Alliance for Maternal Mental Health, which has similar aims worldwide, with over 25 international member organisations, and has informed the development of successful alliances in many other countries and world regions.



Ms. Candice De Windt

Ms. De Windt studied Nursing at KAHO Sint Lieven (now Odisee University of Applied Sciences) in Aalst. She graduated as Master in Nursing Sciences from the Catholic University of Leuven and worked during her studies as a nurse in Onze-Lieve-Vrouw hospital in Aalst. She worked as a staff member in the psychiatric area for 6 years.

Followed by 14 years at Odisee University of Applied Sciences as lecturer and director of the Healthcare department and subsequently as director of the bachelor education programs and research. Since August 2020 she was advisor higher education for the Flemish Minister of Education Ben Weyts

Since the 1st of March 2022 she is appointed as Flemish Care and welfare ambassador.

Dr. Lois McKellar

"Your time: Perinatal mental health in the palm of your hand"

Dr Meckellar has been a midwife and nurse for many years, and is passionate about the well-being and mental health of women, children and their families. .



In 2019, she was awarded the South Australian Nursing and Midwifery Excellence Award for excellence in Midwifery practice. She was appointed Professor of Women's Health at Edinburgh Napier University in 2022, having formally been the Associate Professor of Midwifery and Midwifery Program Director at the University of South Australia. She is committed to the continuing development of midwifery practice through adaptive leadership, reflective practice and hard work driven by deeply held values. Her approach draws on educational, professional and personal experiences from across her life to work positively with students, staff and stakeholders from diverse backgrounds. She is dedicated to excellence in education and research and equipping students for practice in the 21st century and beyond. In 2021, she received the HE Award Senior Fellow and in 2016 was awarded a Citation for Outstanding Contributions to Student Learning from the Australian Office of Teaching and Learning. She has a strong interest in research which is translational and informs practice and education. Her PhD explored issues around postnatal midwifery care, specifically the study focused on developing evidence based strategies to improve practice by working with both clinicians and consumers. She is an advocate for improving the well-being of women and the development of healthy and resilient families through co-design research, workshops, publications and presenting at conferences. She is a primary supervisor for PhD and Master level students. She also completed the South Australian Governors Leadership Foundation program and was awarded the Dennis Mutton Leadership award for a team project for leadership beyond self. She is married to Duncan (psychiatrist) and has three lovely daughters and one gorgeous grandson.