

**Achieving health** equity in the EU

Society should provide a fair platform for all citizens to reach good health



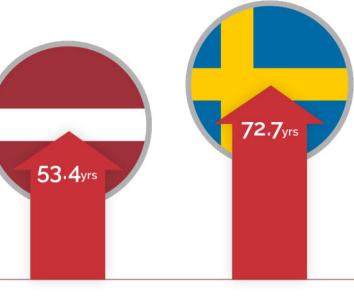
Differences in health outcomes across the EU suggest the platform for health is not equal in our society.

expect to live in good health for

19 years

fewer than those in Sweden<sup>1</sup>





Older migrants in the EU are

**1.25**x

more likely to report being in "bad or very bad" health than native EU residents<sup>2</sup>

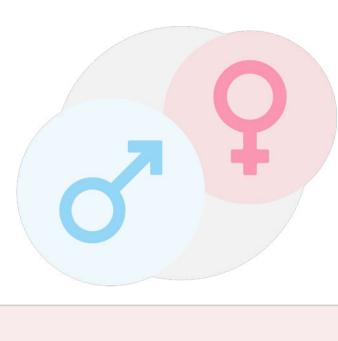


incomes are

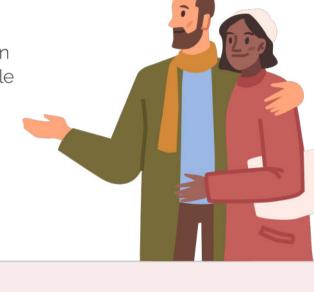
Those on the lowest

less likely to be in "very good" health compared to those on the highest incomes<sup>3</sup>





Men are 2.7X more likely than women to die from preventable causes.4 whilst women are **1.14X** more likely to report living with a long-standing illness or health problem<sup>5</sup>



and education, play a crucial role in determining the platform people have to reach good health. Unjust or avoidable differences in

Societal factors, such as housing

the distribution of these determinants are known as **health inequities**.<sup>6</sup> As more data is collected, a picture of inequity becomes apparent across the EU.

## Low-income groups are **over 7**x

**Housing and Living Environment** 



more likely to face severe housing deprivation than high-income groups7

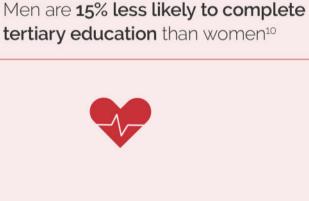
rural communities to face pollution and environmental issues8

People in cities are 2.4x as likely as



over 2x as likely as EU native residents to leave education early9

Residents born outside the EU are





### People in cities are 1.2x more likely to

Healthcare



report unmet healthcare needs than rural populations due to waiting lists11

likely to report unmet healthcare **needs** than high-income groups<sup>12</sup>

Low-income groups are 1.6x more

**Social Inclusion** 



Residents born outside the EU are 2x as likely as EU native residents to be at risk of poverty and exclusion<sup>13</sup>

at risk of poverty or social exclusion<sup>14</sup>

Women are 1.1x as likely as men to be

## People living with disabilities are 23%

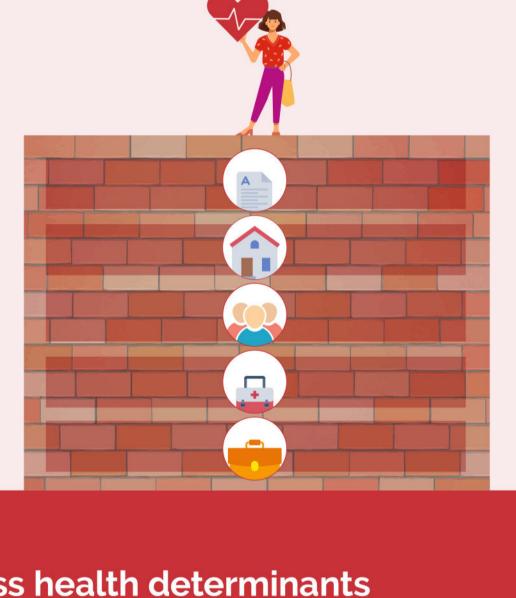
**Employment** 



less likely to be in employment than those without<sup>15</sup>

Young people are 2.6x more likely

than older people to be unemployed<sup>16</sup>



With its commitment to equality and solidarity, the EU has a duty to act.

have to live in good health.

### **Drive change Empower member** Improve understanding

states to act

The EU can take the following actions to fix the gap<sup>17-18</sup>



of EU health inequity



Research



Guidance



Co-ordination

QPD



### Recommendations/ Promote policy directives coherence 0



# References 1. Eurostat. Healthy life years by sex (from 2004 onwards) | Eurostat. https://ec.europa. eu/eurostat/databrowser/view/hlth\_hlye/default/table?lang-en (2022). 2. Eurostat. Self-perceived health by sex, age and groups of country of birth | Eurostat. https://ec.europa.eu/eurostat/databrowser/view/HLTH\_SILC\_23\_custom\_3925607/default/table?lang-en (2022). 3. Eurostat. Self-perceived health by sex, age and income quintile | Eurostat. https:// ec.europa.eu/eurostat/databrowser/view/HLTH\_SILC\_10\_custom\_3925668/de-

\*\*\*\* 12. Eurostat. Self-reported unmet needs for health care by sex, age, specific reasons and income quintile | Eurostat. https://ec.europa.eu/eurostat/databrowser/view/ HLTH\_EHIS\_UN1I\_custom\_3926903/default/table?lang=en (2021).

fault/table?lang=en (2022). 4. Eurostat. Treatable and preventable mortality of residents by cause and sex | Eurostat. https://ec.europa.eu/eurostat/databrowser/view/HLTH\_CD\_APR\_custom\_3428483/default/table?lang-en (2022).

5. Eurostat. Self-perceived health statistics | Eurostat. https://ec.europa.eu/eurostat/ statistics-explained/index.php?title-Self-perceived\_health\_statistics#Self-perceived\_ 6. WHO. Health inequities and their causes. https://www.who.int/news-room/facts-

in-pictures/detail/health-inequities-and-their-causes (2018). 7. Eurostat. Severe housing deprivation rate by income quintile - EU-SILC survey | Eurostat. https://ec.europa.eu/eurostat/databrowser/view/ILC\_MDHO06Q\_\_custom\_3430466/default/table?lang=en (2022).

8. Eurostat. Pollution, grime or other environmental problems by degree of urbanisation| Eurostat. https://ec.europa.eu/eurostat/databrowser/view/ILC\_MDDW05\_\_custom\_3796855/default/table?lang-en (2022). 9. Eurostat. Population by educational attainment level, sex, age, country of birth and

degree of urbanisation (%) | Eurostat. https://ec.europa.eu/eurostat/databrowser/ view/EDAT\_LFS\_9915\_custom\_3813608/default/table?lang-en (2022). 10. Eurostat. Population by education attainment level, sex, age, country of birth and degree of urbanisation (%) | Eurostat. https://ec.europa.eu/eurostat/databrowser/

11. Eurostat. Self-reported unmet needs for health care by sex, age, specific reasons

and degree of urbanisation | Eurostat. https://ec.europa.eu/eurostat/databrowser/

view/EDAT\_LFS\_9915\_custom\_3813608/default/table?lang=en (2022).

view/HLTH\_EHIS\_UN1U\_custom\_3926444/default/table?lang=en (2021).

13. Eurostat. Persons at risk of poverty or social exclusion by group of country of birth view/ILC\_PEPS06N\_custom\_3926575/default/table?lang-en (2022).

(population aged 18 and over) | Eurostat. https://ec.europa.eu/eurostat/databrowser/ 14. Eurostat. Persons at risk of poverty or social exclusion by educational attainment level (population aged 18 and over) | Eurostat. https://ec.europa.eu/eurostat/da-

fault%2Ftable%3Flang%3Den (2022). 15. Eurostat. Disability employment gap by level of activity limitation and sex (source EU-SILC) | Eurostat. https://ec.europa.eu/eurostat/databrowser/view/HLTH\_

eu%2Feurostat%2Fdatabrowser%2Fview%2FILC\_PEPS06N\_\_custom\_3430134%2Fde-

tabrowser/view/ilc\_peps04n/default/table?lang-en%20https:%2F%2Fec.europa.

DLM200 custom 3428760/default/table?lang=en%20-%20metadata (2022). 16. Eurostat. Unemployment by sex and age - annual data | Eurostat. https://ec.europa.eu/eurostat/databrowser/view/UNE\_RT\_A\_custom\_3828606/default/ta-

ble?lang=en (2022). 17. World Health Organization. Regional Office for Europe. Driving forward health equity: the role of accountability, policy coherence, social participation and empowerment. https://apps.who.int/iris/handle/10665/324901. (2019).

18. Greer S, Fahy N, Elliot H, Wismar M, Jarman H and Palm W. Everything you always

wanted to know about European Union health policies but were afraid to ask. Euro-

pean Observatory on Health Systems and Policies (WHO). ISBN 978 92 890 50 272



the European Union The European Public Health Alliance has received funding under an operating grant from the EuropeanUnion's  $EU4 Health\ Programme\ (2021-2027).\ The\ content\ of\ this\ infographic\ represents\ the\ views\ of\ the\ authors\ only\ and$ is their sole responsibility; it cannot be considered to reflect the views of the European Commissoon and/or

the European Health and Digital Executive Agency (HaDEA) or any other body of the European Union.