

BARCELONA



SUPERBLOCKS AS HEALTHY PLACEMAKING

ISSUE



The design and function of our living space can either worsen or reduce health inequities



SOLUTION

Barcelona's superblocks: is a **healthy placemaking model** that transformed the city into blocks with pedestrian-friendly interiors

What is healthy placemaking?

An approach in urban planning that aims to **foster a safe, active, and engaged community and physical environment**



OUTCOME

SUPERBLOCKS HAVE THE POTENTIAL TO:



Decrease preventable deaths annually by: reducing the pollutant nitrogen dioxide (291 deaths), reducing noise (163 deaths), reducing heat (131 deaths), increasing green spaces (61 deaths) and increasing physical activity (36 deaths)



Reduce annual antidepressant use and visits to mental health specialists by

13%



Extend the lives of young adults by nearly

300 days